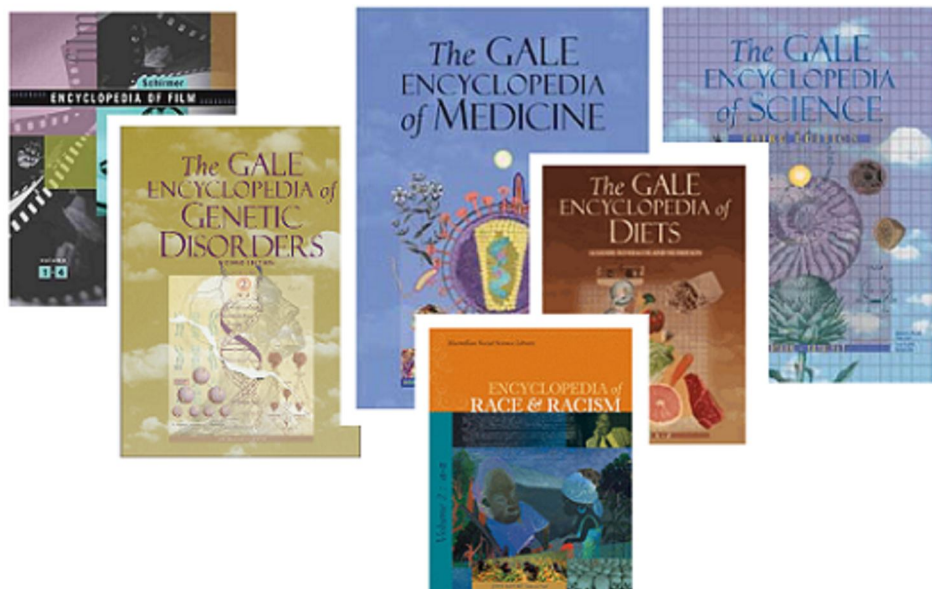


Vol. 1 No.
5 Oct 2008

Tillamook

County Library

Electronic Books at Your Library



The Tillamook County Library has a growing collection of electronic books, also known as e-books. E-books are an excellent resource for our community because they can be read at anytime, from any computer with internet access. With e-books you never have to worry about the library being closed, the book being checked out or forgetting to return it on time. If it is in the library's collection, then you have access to it.

Currently the library is focusing on developing our health reference e-book collection. The goal is to provide our community with continuous access to quality health related information. Here is a list of some of our newer titles:

- **Gale Encyclopedia of Medicine:** This authoritative, comprehensive, in-depth medical guide features information on more than 1,700 medical topics. Articles are broken down into two categories; disease/disorder and test/treatment, with information covering definition, description, causes and symptoms, diagnosis, precautions, risks and much more.
- **Gale Encyclopedia of Genetic Disorders:** A unique and invaluable source for information regarding diseases and conditions of a genetic origin. This collection of nearly 400 entries provides in-depth coverage of disorders ranging from exceedingly rare to very well known.
- **The Gale Encyclopedia of Diets: A Guide to Health and Nutrition:** This valuable guide examines special diets such as a Gluten-free or high protein diet, dieting and popular weight-loss programs such as the Atkins Diet, dietary concerns, nutritional basics, and some effects of a person's dietary choices on one's health. The *Encyclopedia* presents an overview of all topics in a standardized, balance format.

How Do I Access the E-books?

To access the library's e-books, visit the library's website www.tillabook.info, click on **eShelf & Research** and select **Magazines and Research Databases**. Scroll down until you see the title, click it, enter your library card number and enjoy sound medical information. These titles can also be accessed from the library's catalog www.beachbooks.org. For more on accessing this helpful library resource please contact the Tillamook County Library at 503-842-4792, or send our reference staff an email at askalibrarian@beachbooks.org. You may also chat with reference staff online at www.tillabook.info.

News

October Library Events

Thursday, October 2: Charles Schulz's **Peanuts** debuts in newspapers on this day in 1950. Featuring Charlie Brown, Lucy, Linus, Sally and Snoopy, this long running strip was one of the most popular comics in the world.

Monday, October 6: Registration for Toddler Time begins today at the Tillamook Library. Toddler Time is for children ages 18-36 months. The upcoming 6 week program will start on Oct. 14th. Parents can sign up for either the 9:30 or 10:30 session.

Monday, October 13: Today is Columbus Day. It commemorates the landfall of Columbus in the New World, October 12, 1492.

Thursday, October 23: Hungarian Independence Day. On this day in 1989, Hungary declared itself an independent republic after 33 years of Soviet rule.

Friday, October 31: The Tillamook library will be part of the downtown 'trick or treat time' from 3:30p.m. to 5:00p.m. Have a happy and safe Halloween!

Helping Seniors in our Community

Seniors are a valuable and vulnerable part of our community. Difficult economic times can be especially hard on our seniors. The Tillamook County Library is partnering with the Oregon Department of Human Services (DHS) to help provide seniors with the assistance they need.

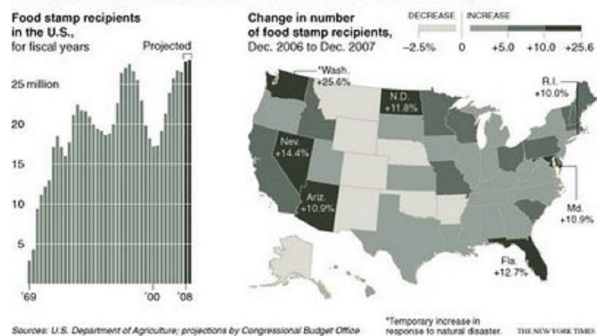
If you or someone you know could benefit from this program, feel free to stop by the library on Tuesdays between 11a.m. and 2p.m. No appointment is necessary. The program is scheduled to continue for the next eighteen months.

In 2007 the DHS was awarded a participation grant from the U.S. Department of Agriculture's Food and Nutrition Services. With the grant they have created a program where volunteers at selected sites assist seniors in their application for Food Stamp Benefits.

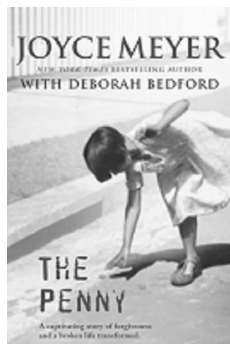
In Tillamook County this site is the Tillamook County Library. Every Tuesday from 11a.m. to 2p.m. a volunteer will be on hand to assist seniors with the application process. The assistants work with seniors in the privacy of the upstairs study rooms.

Barometer of Tougher Times

Higher food and gasoline prices and more layoffs are contributing to an increased number of Americans receiving food stamps, with recipients expected to reach 28 million in the 2009 fiscal year.



Staff's Choice! The Penny



Joyce Meyer's first novel, *The Penny*, is set in St. Louis, Missouri in the summer of 1955. It is a coming-of-age story about a young girl overcoming abuse and contains inspirational messages throughout the book.

Jenny Blake, the main character, picks up a penny from the sun baked asphalt road and her life is transformed in a number of interesting ways. Joyce used her first novel to explain her popular phrase we hear when she preaches, "You may have had a bad start, but you can have a great finish." I look forward to more Christian fiction from Joyce Meyer.



Volunteer opportunities at the Tillamook County Library System

When you share your time and talent at your local library you make a positive impact on your community. Whether it is shelving books, reading shelves or assisting with special projects, your service makes a difference.

If you would like to become a volunteer contact your local Tillamook County Library today.

Tillamook:	503-842-4792
Bay City:	503-377-0231
Garibaldi:	503-322-2100
Rockaway:	503-355-2665
Pacific City:	503-965-6163
Manzanita:	503-368-6665

Staff Profile: Norma Johansen



Greetings from Garibaldi Library. My name is Norma Johansen and I am the librarian for this branch. I have been here roughly nine years to the day (October 5th). I grew up in Hillsboro and attended OSU where I majored in Animal Sciences. I worked for the US Forest Service for many years as a biologist until I quit to raise a family. I came to this position after several years volunteering at the Main Library.

I am quite proud of initiating a summer teen reading program at this branch. This has been going on for four summers and is supported with donations from local Garibaldi merchants. This past summer I began an adult summer reading program. Again this was accomplished with the support of local businesses.

My outside interests include tuxedo cats, genealogy and watching a good game of soccer.